Annual Report

AMMALIFE LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2023



Charity Registration Number: 1120236
Company Registration Number: 05815194 (England and Wales)

A heartfelt thanks

A MESSAGE FROM THE CHAIR

Recent data suggests we are way off track to achieve the UN Sustainable Development Goals target on maternal mortality, and that rather than childbirth being a time of new life, the reality in many low income countries is that it is also a time of death.

However, nearly every death is preventable, and that is why Ammalife is committed to continue helping bring new research to the front line, working with clinicians and supporting the next generation of individuals who are passionate about bringing about tangible, sustainable change in maternal health.

In order to continue to this, we have to grow and develop the charity, and financially, our 22-23 period has seen the charity begin to re-emerge from the post-COVID challenges, with income beginning to rise again, almost doubling from £29,788 in 21/22 to £53,725.

As a small charity we are committed to keeping our costs low, but the need to grow our unrestricted funding and cover core cost's will be integral to the longevity and growth of the charity. This will be a key area of focus for the organisation in the coming year.

I'd like to take the opportunity to thank all our regular donors, and funders for their continued support during this period, and look forward to building on the success in the 2023/24 period.



Research

SUPPORTING THE EMOTIVE TRIAL WITH HIGH QUALITY TXA

We helped put the T in E-MOTIVE!

Ammalife were able to support with the procurement of high quality TXA, which was proving difficult for many of the tiral sites involved in the E-MOTIVE trial which published in May, demonstrated that the treatment bundle led to a 60% reduction in the occurrence of severe bleeds and deaths. That's the equivalent of one mother's life saved every 30 minutes - without high quality TXA this would not have been possible.

WHAT THIS MEANS IN REALITY

Nurse Ann; "The difference that the Amma Life supply of TXA made during the EMOTIVE trial was undeniable. We saw lives being saved and our efforts bearing fruit once again "

IMPACT SNAPSHOT

10000

doses of quality TXA funded

60%

reduction in occuverence of severe bleeding

1

life saved every 30 minutes!

FUNDS AWARDED

£ 25,000

The funds provided by MBT were used to support he procurement of TXA in Tanzania, Nigeria and Kenya, to ensure a supply of high quality medication was availble to throughout the E-MOTIVE trial

E-MOTIVE published in the New England Journal of Medicine in May

WHAT THE CLINICS SAID

Nigeria Hub	"One of our midwives described TXA as the miracle drug that has drastically reduced PPH, the need for drug transfusions and lprolonged stay in hospital. This has given many mothers the joy of going back home for the naming ceremony of their newly born baby
Tanzania Hub	"the trial team supplied TXA from Ammalife funding, it was readily available in the facility and was stocked in the emergency trolley within the labour ward. We had TXA all the time, and we could access and administer it timely to all women who required it. Consequently, we experienced reduced cases of severe PPH by more than three quarters..."
Kenya Hub	Your timely and gracious supply of high-quality TXA marked a turning point in our fight against PPH. The positive effects were truly remarkable - we witnessed a significant reduction in PPH cases, and hope was reignited among our healthcare professionals and the mothers under our care



Change Makers

This year we welcomed Dr Francis Githae Muriithi to the Change Maker programme. Francis is an Obstetrician and Gynaecologist trained in both Kenya and the United Kingdom. He has ongoing interests in Global Women's Health and Evidence-Based Health Care. He currently works as a Doctoral Research Fellow at the University of Birmingham and the Birmingham Women's Hospital within the Global Maternal Health Research team. Dr Muriithi's PhD project investigates strategies for improving maternal health outcomes and tackling preventable maternal deaths in sub-Saharan Africa.

ABOUT THE RESEARCH

Dr Muriithi's PhD project consists of 4 workstreams as follows understanding factors which contribute to preventable maternal deaths, exploration of the role of client and provider behaviours in tackling preventable maternal deaths, learning from maternal death review reports and identification of unique provider behaviours and practices that could be utilised in the design of a positive deviance strategy for tackling preventable maternal deaths.

WE WERE PROUD TO SUPPORT

NAOCO's 7th Annual Scientific Conference

Since the inception of NAOCO Ammalife have been providing grants to Malawi's National Association of Obstetric Clinical Officers to provide a vital training for clinical officers accross Malaiwi

Outputs from the 2023 conference include:

- Education of 50 attendees from across all health districts in Malawi
- Strengthening of the NAOCO Network, new members and conference attendees
- Developing networks and a culture of embedding research findings and best practice in maternal healthcare in Malawi
- The distribution of 2,300 doses of lifesaving postpartum haemorrhage medication to rural clinics via delegates that would have otherwise proven difficult to reach rural settings due to lack of reliable delivery services

We gathered feedback from over 75% of the attendees at the 2023 NAOCO conference, which rated the educational content as "very good" or "excellent". Most impressively, over 97% of respondents committed to changing their practice as a result of what they had learnt.

Written feedback from the conferences have identified that clinical officers had particularly benefited from learning opportunities with experienced doctors, and from the opportunity to share experiences with other clinicians operating in similar clinical settings to themselves. Sessions which focused on specific skills techniques such as ultrasound were also highly rated. From a practical point of view, there has also been feedback that Clinical Officers would appreciate a full second day of learning, and additional support for travel for those attending from more rural locations to ensure they can attend the full meeting

WHAT THE CLINICAL OFFICERS SAY

"this is very educative and very inspiring having the doctors encouraging us and sharing to make us better practitioners. I am very inspired"



Cyclone Freddy

ONE OF THE BENEFITS OF BEING A SMALL CHARITY IS BEING RESPONSIVE TO OUR PARTNERS NEEDS

Early March 2023, Malawi and particularly Blantyre were bearing the brunt of cyclone Freddy. The damage was exceptional, with landslides and house collapses meaning that the hospital and its mortuaries were unfortunately overflowing.

Blankets and sheets which had been recently donated by Ammalife had arrived on the container and were used in the paediatric A&E for the very large number of patients coming in cold and wet and injured – the gift was received by the head of department and much appreciated.

Due to the unprecedented emergency the trustee's agreed to make funds available, running an emergency appeal with our supporters, which ensured the QECH - linking with the civil disaster response team, were able to ensure that supplies were rapidly purchased and given to the right communities and individuals.

WHAT THIS MEANS IN REALITY



An initial consignment of 100 birth packs was procured and prepared in less than 24 hours for distribution at the QECH maternity unit-led weekend antenatal clinic for cyclone survivors.

Each birth pack contained a wash basin, small bucket, 6 cloth wrappers for Mum and baby, laundry bar soap, cord clamps and sterile razor blade, rechargeable torch with extra batteries, baby hats and socks.

The Blantyre District Health Office (BT DHO), MLW, Johns Hopkins Project (JHP), Kamuzu University of Health Sciences (KUHES), the community, and the QECH maternity unit collaborated to see 165 expectant mothers over the weekend antenatal clinics on March 18 and 19, 2023.

The women received the basic obstetrical and gynaecological care they needed, including a thorough physical examination, blood tests for haemoglobin, syphilis, HIV, and hepatitis B, as well as urine testing, the findings of which were recorded in brand-new health passport books.

"The women we served often came to us hungry and in pain, with little ones in tow. One lady who was 8 months pregnant was faint with hunger and had to be led to a chair. Because of the support from Ammalife and Lady Fatemah Trust, we were able to feed them and their small children and make sure they received the supportive treatment necessary. It was such a rewarding day to help those in need." Louise Irfan (a postdoctoral researcher from MLW who conducted on-site antenatal screening laboratory tests during the weekend clinic)

"It was crucial to provide immediate support to those most in need and at risk such as pregnant women. It was fulfilling to help these women and the joy on their faces proved that help had come at the right time." Gertrude Banda (a midwife from MLW who was one of the ANC providers during the weekend clinic)

We couldn't have done it without your generous *support.*

Thank you

The trustees, executive team and our partners would like to express our sincere thanks for your continued support and helping us towards our goal to a safe and health pregnancy for all mothers, regardless of where they live

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